Reflections Guidelines

Dance Choreography:

Solo &ensemble dance styles are accepted. Entrant must be the choreographer and may also be the performer, or one of the performers. No group submission accepted. Background music must be cited on the entry form.

VIDEO

- File must not exceed 5 minutes and 1GB in size
- Accepted formats: AVI, FLV, WMV, MOV, MP4
- Background music is cited on the entry form
- Submitted on a flash drive or Google Drive

Accepted short film styles include Animation, narrative, documentary, experimental or media presentation. Entrant must be the screenwriter, cinematographer, editor, and producer. Any Background music used must be cited on the entry form.

VIDEO

- File must not exceed 5 minutes and 1GB in size
- Accepted formats: AVI, FLV, WMV, MOV, MP4
- Use of PowerPoint is prohibited
- Any background music used is cited on the entry form
- Submitted on a flash drive or Google Drive

Accepted forms of fiction and nonfiction include Prose, poetry, reflective essay, screenplay and play script, narrative, and short story. Entrants may write in their primary language as long as an interpretive English translation is also attached. Use of copyrighted material is prohibited.

WRITING

- Must not exceed 2,000 words
- May be handwritten or typed
- Single-sided print on 8 ½x11" paper
- Submitted on a flash drive or Google Drive

Music Composition:

All music styles and combinations of instrumentation are accepted. Entrant must be the composer and may also be the performer, or one of the performers. Use of copyrighted material is prohibited. **AUDIO**

- File must not exceed 5 minutes and 1 GB in size
- Accepted formats: MP3, WMA, WAV, ACC, FLAC

NOTATION

- Only required for middle and high school divisions
- Score/tablature in PDF format
- Submitted on Flash Drive or Google Drive

Photo must be a single print/digital image. Collages and collections of photos are not accepted. Entrant must be the photographer and may use a variety of digital editing techniques including, but not limited to: multiple exposure, negative sandwich, and photogram.

PRINT

- Must be no smaller than 3x5 inches and no larger than 8x10 inches
- Accepted print formats: Mounted on mat or poster board no larger than 11x14 inches
- Framed prints are not accepted

DIGITAL IMAGE

- Dimensions must be at least 640x960 (pixels) and 300 dpi (resolution)
- Accepted file formats: JPEG, JPG, GIF, PNG
- Submitted on a Flash Drive or Google Drive

Visual Arts:

Works of both fine and design arts are accepted, including but not limited to: architectural drawing and models, ceramics, collage, computer generated images and graphics, crafts, drawing, fashion clothes and jewelry, fiber work, mixed media, painting, printmaking and sculpture.

2D WORKS

- Mounted on sturdy material.
- No larger than 24 x 30 inches with matting
- Framed entries are not accepted
- Include one digital image of the artwork with your submission

3D WORKS

- Include 3 digital images of artwork at different angles
- Submitted on a Flash Drive or Google Drive

Special Arts Division:

Students who identify as having a disability and may receive services under IDEA or ADA: Section 504 may enter in the Special Artist Division OR grade division most closely aligned to their functional abilities.

ACCOMODATIONS

- Non-artistic accommodations (e.g. adaptive technology; transcribing; holding a camera)
- Assistants must refrain from being involved in the artistic process (e.g., developing an artist statement, choreography, music lyrics, storyboards, etc.)
- Submitted on a Flash Drive or Google Drive